

The Usefulness of Ruqyah Prayer in Everyday Life

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ABSTRACT

The treatment in the style of the Messenger of Allah, which is currently a trend, is ruqyah, which not only treats physical but also non-physical ailments. Ruqyah is a solution offered by the Prophet in overcoming all kinds of diseases, and ruqyah is allowed as long as it doesn't contain elements of shirk. The benefits of ruqyah are for medical healing, mental disorders and jinn disorders. The purpose of research in this discussion is to find out the benefits of prayer for ruqyah in everyday life. In addition to being a medical infrastructure exemplified by the Prophet Muhammad. This study uses a qualitative method. The findings are: First, ruqyah is a treatment in the style of the Prophet by taking refuge in Allah from all diseases, both physical and non-physical. Second, the way of ruqyah is to place the right hand on the part of the body that hurts while reading the prayers, surah al-Fatihah, al-Ikhlas, al-Falaq and An-Nas. Third, ruqyah must be based on complete belief in Allah, asking Him for protection because He is the One Who heals all diseases. Fourth, ruqyah can have a positive influence, namely healing mental or mental health. Fifth, ruqyah is a solution to the disease of society that is far from God without capitalizing it by commercializing it to be used as a livelihood in meeting the necessities of life except for the willingness of the patient or ruqyah sufferer by giving wages as a form of gratitude and people who meruqyah may take wages. regardless of how big or small the wages are on the basis of sincere intentions

Keywords: Ruqyah, Pray, Benefits Of Ruqyah, and Ordinances Implement Ruqyah

ABSTRAK

Pengobatan ala Rasulullah SAW yang menjadi tren saat ini adalah ruqyah yang tidak hanya mengobati penyakit fisik tetapi juga non fisik. Ruqyah adalah solusi yang ditawarkan Nabi dalam mengatasi segala macam penyakit, dan ruqyah dibolehkan selama tidak mengandung unsur syirik, Kebermanfaatan ruqyah yaitu untuk penyembuhan medis, gangguan kejiwaan dan gangguan jin. Tujuan penelitian pada pembahasan ini adalah agar mengetahui manfaat doa bagi ruqyah dalam kehidupan sehari-hari. Selain menjadi prasarana pengobatan yang dicontohkan oleh Rasulullah SAW. Penelitian ini menggunakan metode kualitatif. Hasil temuannya adalah: Pertama, ruqyah merupakan suatu pengobatan ala Rasulullah dengan berlindung kepada Allah dari segala penyakit baik fisik maupun non fisik. Kedua, cara ruqyah adalah dengan meletakkan tangan kanan kepada bagian anggota badan yang terasa sakit sambil membaca membaca doa-doa, surat al-Fatihah, al-Ikhlas, al-Falaq dan An-Nas. Ketiga, ruqyah harus didasari keyakinan sepenuhnya kepada Allah, memohon perlindungan kepada-Nya karena Dialah Dzat yang Maha menyembuhkan segala penyakit. Keempat, ruqyah dapat memberikan pengaruh positif yaitu menyembuhkan kesehatan mental atau jiwa. Kelima, ruqyah salah satu tindakan solutif terhadap penyakit masyarakat yang jauh dari Allah tanpa melakukan kapitalisasi dengan mengkomersilkan untuk dijadikan sebagai mata pencaharian dalam memenuhi kebutuhan hidup kecuali atas kerelaan pasien atau penderita ruqyah dengan memberikan upah sebagai bentuk rasa terima kasih dan orang yang meruqyah boleh mengambil upah tersebut dengan tidak memandang besar dan kecilnya upah tersebut atas dasar niat ikhlas.

Kata kunci: Ruqyah, Doa, Manfaat, dan Tata Cara Ruqyah

Introduction

Ruqyah is a problem that is widely discussed by many people today. Ruqyah is understood as a treatment in the style of Rasulullah SAW to get rid of diseases that originate from outside the human self, people call it trance due to the entry of jinn and devils in humans. If this ruqyah is only understood as the right solution to get rid of mental illness. So this research is the other way around, that ruqyah does not only function to cure psychic diseases that originate from disturbances of the jinn but also cure diseases caused by physical ailments, such as cancer, lung, kidney, diabetes and other diseases that affect the human body. The formulation of the problem is to find out what ruqyah is, the usefulness of ruqyah, and the conditions for ruqyah and the purpose of the research in this discussion is to find out the benefits of prayer for ruqyah in everyday life.

Method

The method used in this study uses qualitative methods. By asking for the opinion of experts in this field, and also referring to the Al-Qur'an and hadith to ensure the correct explanation regarding the benefits of ruqyah in everyday life.

Result

The results of this study obtained several benefits of ruqyah including the following:

1. The form of dzikir to Allah
2. As a form of faith, if done without shirk
3. Exorcising demonic disturbances
4. Practice sunnah
5. Powerful medicine to protect against evil
6. Keep yourself from something
7. Cure disease
8. Improve body health
9. Reduce stress
10. Controlling emotions, gerd, anxiety, anxiety and excessive anxiety

Discussion

What still needs to be clarified in ruqyah is the conditions in ruqyah. Even though ruqyah can be done, one should make various efforts first to avoid distractions. Thus, the benefits of ruqyah can be felt when the patient's condition is urgent. Because, someone who is said to need the help of other people or religious experts to take refuge in Allah SWT through ruqyah actually has to fulfill several elements. Among them are as follows:

1. Diseases that attack the body have reached the worst condition so that doctors are no longer able to handle them.
2. Even though they have been treated medically, the person still experiences extraordinary suffering so that it can endanger life and even faith in Allah SWT.
3. Really knowing that the disturbance you get comes from attacks by supernatural beings and witchcraft.

Conclusion

Ruqyah is a problem that is widely discussed by many people today. Ruqyah is understood as a treatment in the style of Rasulullah SAW to get rid of diseases that originate from outside the human self, people call it trance due to the entry of jinn and devils in humans. As for the benefits of ruqyah, as follows: The form of dzikir to Allah, As a form of faith, if done without shirk, Exorcising demonic disturbances, Practice sunnah, powerful medicine to protect against evil, Keep yourself from something, Cure disease, Improve body health, Reduce stress.

Controlling emotions, gerd, anxiety, anxiety and excessive anxiety. there is also a requirement that ruqyah be carried out if someone who is said to need the help of another person or a religious expert to take refuge in Allah SWT through ruqyah actually has to fulfill several elements. Among them are as follows: Diseases that attack the body have reached the worst condition so that doctors are no longer able to handle them. Even though they have been treated medically, the person still experiences extraordinary suffering so that it can endanger life and even faith in Allah SWT. Really knowing that the disturbance you get comes from attacks by supernatural beings and witchcraft.

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