

Pengaruh Vuca Terhadap Pembentukan Kepribadian Anak

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ABSTRACT

VUCA stands for Volatility, Uncertainty, Complexity, and Ambiguity which is used to describe an environment that is constantly changing and difficult to predict. The influence of VUCA on a child's personality can vary depending on how the child handles and responds to the surrounding environment in today's VUCA era. There are several influences of VUCA on children's personalities, namely adaptive personalities, proactive personalities, easily stressed personalities, and impatient personalities. This study aims to find out how the influence of the VUCA era on children's personality. Therefore, as a parent or educator, it is important to help children develop adaptive skills and teach them how to manage stress and solve problems. In addition, it is also important to create a stable environment as well as full support for children to overcome the influence of VUCA on their personality.

Keywords : Influence, VUCA, Child Personality

Introduction

Personality is a set of psychological characteristics that make an individual unique and distinguish him from others. Personality includes a consistent and persistent mindset, feelings, and behaviors that persist over a relatively long period of time. Personality is influenced by genetic and environmental factors, and is formed through the interaction between these two factors. Personality can also change along with a person's life experiences and personal growth. Personality is complex and multidimensional, and psychologists have developed various models and theories to understand and measure personality.

In Freud's theory every human being must go through a series of developmental stages in the process of becoming an adult. These stages are crucial in the formation of sedentary personality traits. According to Freud, people's personalities are formed at the age of about 5-6 years, including several stages, namely the oral stage, anal stage, phallic stage, latent stage, and genital stage.

Shaping a child's personality in the VUCA era requires different strategies and approaches. Here are some ways to shape a child's personality in the VUCA era:

- Teaches adaptation skills and flexibility

Uncertainty and change are common in the VUCA era. Children need to learn how to adapt and be flexible in the face of change. Parents can help their children learn these skills by providing challenges and controlled changes in daily life.

- **Develop problem-solving skills**
Uncertainty and complexity require the ability to solve problems quickly and effectively. Parents can help their children develop these skills by providing age-appropriate challenges and problems. This can help children hone their ability to think creatively and find alternative solutions.
- **Building self-confidence**
Uncertainty and obscurity can cause insecurity and anxiety in children. Parents can help their children build self-confidence by providing support and praise when children successfully complete tasks or overcome problems. This can help children feel more confident and brave in the face of challenges and uncertainties.
- **Teaching positive ethics and values**
Uncertainty and complexity require the ability to make informed decisions and follow positive ethics. Parents can help their children develop positive values and ethics by setting a good example and explaining why these values and ethics are important in life.
- **Encourage independence**
Uncertainty and uncertainty require the ability to be independent and responsible. Parents can help their children develop independence by assigning age-appropriate responsibilities and abilities. This can help children feel more confident and independent in the face of challenges and uncertainties.

In developing a child's personality in the VUCA era, it is important to remember that every child has different needs and abilities. Therefore, parents need to understand their children and adapt strategies that suit the needs and abilities of the child.

Method

The research method used is an approach through literature study. The author uses research sources by collecting data and information related to the formation of children's personalities through articles, previous research and journals. This literature study is carried out after determining the research topic and determining the problem formulation.

Results

From the analysis of previous articles and journals, it was found that there are several influences of VUCA on children's personality, namely:

1. **Adaptive personality**
Children who are accustomed to a VUCA environment tend to become more adaptive and flexible in dealing with change. They can adapt quickly and adjust to changing environments.
2. **Personality that is easily stressed**

The environment that VUCA can cause stress in children and can affect the way they handle stress. Children who are unable to handle stress well can experience anxiety, depression, and other mental health problems.

3. Proactive personality

Children who are accustomed to a VUCA environment tend to become more proactive in finding solutions and taking initiative in difficult situations. This can help them develop leadership skills and independence.

4. Impatient personality

The VUCA environment can make children become less patient and easily frustrated. This can affect their ability to complete tasks well and make them less rushed and less thorough.

Therefore, as a parent or educator, it is important to help children develop adaptive skills and teach them how to manage stress and solve problems. In addition, it is also important to provide a stable and supportive environment for children to help them cope with the influence of VUCA on their personality.

Discussion

VUCA stands for Volatility, Uncertainty, Complexity, and Ambiguity which is used to describe an environment that is constantly changing and difficult to predict. The influence of VUCA on a child's personality can vary depending on how the child handles and responds to the surrounding environment in today's VUCA era. There are several influences of VUCA on children's personalities, namely adaptive personalities, proactive personalities, easily stressed personalities, and impatient personalities.

Methods of forming a positive personality of early childhood

Some methods or ways that can be done by parents and teachers of early childhood educators in order to create a positive personal foundation in children can be done in several methods or ways, including:

1) Teaching children with concrete examples

If we want to teach discipline or independence, it is very difficult to explain to our children about this form of behavior. Because of its abstract nature, of course, children have not reached the stage of understanding the abstract level.

2) Don't get tired of giving positive advice

As teachers and parents, it is our duty to teach positive traits and values to children. However, often many teachers end up pessimistic when they find their children or students who have problematic personalities.

3) Teach children to control their emotions

Human beings are born must have emotions. There are positive emotions as well as negative emotions. Positive emotions when shown will make people around us will be happy and happy. However, if negative emotions, especially anger, if shown, will certainly make others fearful, distant, or even conflict.

Conclusion

Personality is a set of psychological characteristics that make an individual unique and distinguish him from others. While VUCA is used to describe an environment that is constantly changing and difficult to predict. The influence of VUCA on a child's personality can vary depending on how the child handles and responds to the surrounding environment in today's VUCA era. The influence of VUCA on children's personalities is an adaptive personality, a proactive personality, a personality that is easily stressed, and a personality that is less patient.

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